

Recovery Meeting & Resource Guide

The Bronx, Brooklyn, Manhattan, Queens & Staten Island

12-Step Meeting Guide	Pages 1 - 4
Alcoholics Anonymous Additional Resources	Page 4
Narcotics Anonymous Additional Resources	Page 4
Faith-Based Meeting Guide	Page 4
Secular Meeting Guide	Page 5
Family Meeting Guide After Substance Use Passing	Page 5
LGBTQ Meeting Guide	Page 6
LGBTQ Recovery Resources	Pages 6 - 7
Recovery Support Networks	Pages 7 - 9
Free Recovery Apps	Page 9

12-Step Meeting Guide

- **Adult Children of Alcoholics (ACOA)**
<https://adultchildren.org/meeting-search/>
- **Agnostic Alcoholics Anonymous**
<https://www.agnosticaanyc.org/meetings.html>
- **AI-Anon Family Member Groups**
212-941-0094
<https://www.nyc.alanon.org/meetings/html>
- **Alateen**
<https://al-anonorg/newcomers/teen-corner-alateen/>
- **Alcoholics Anonymous (AA)**
212-647-1680
 - **The Bronx & Upper Manhattan Alcoholics Anonymous Meeting Guide**
<https://www.aasenybxum.org>
 - **Brooklyn Alcoholics Anonymous Meeting Guide**
<https://brooklynaa.org>
 - **Manhattan Alcoholics Anonymous Meeting Guide**
212-674-1680
<https://nycaa.org>
 - **Queens Alcoholics Anonymous Meeting Guide**
718-520-5024
<https://www.queensaa/meeting-list/>

- **Staten Island Alcoholics Anonymous Meeting Guide**
<https://statenislandaa.org>
- **Cocaine Anonymous (CA)**
<https://www.canenewyork.org>
<https://www.ca-online.org>
- **Co-Dependents Anonymous (CODA)**
nyc coda@gmail.com
<https://www.nycoda.org/meetings>
- **Crystal Meth Anonymous (CMA)**
<https://nycma.org>
<https://www.crystalmeth.org/online-cma-meetings/>
- **Debtors Anonymous**
<https://debtorsanonymous.org>
- **Drug Addicts Anonymous**
<https://dusa.org/phone-meetings/>
- **Families Anonymous**
<https://www.familiesanonymous.org>
- **Gam-Anon**
<https://www.gam-anon.org/component/mtree/new-york/manhattan>
- **Gamblers Anonymous (GA)**
718-352-1671
<http://newyorkga.org>
- **Internet Addicts Anonymous**
<https://internetaddictsanonymous.org/phone-online-meetings/>
- **Marijuana Anonymous**
<https://ma-online.org>
<https://ma-phone.org>
<https://www.marijuana-anonymous.org/find-a-meeting>
- **Nar-Anon Family Groups**
718-967-2608
<https://www.nar-anon.org/find-a-meeting>
<https://www.nar-anon.org/virtual-meetings>
- **Narateen Anonymous**
<https://nar-anon.org/narateen>
- **Narcotics Anonymous (NA)**
24/7 Hotline: 212-929-NANA (6262)
Office Phone: 212-929-7117

<https://newyorkna.org/meetings>
<https://virtual-na.org>

- **The Bronx Narcotics Anonymous Meeting Guide**
<https://bxasna.org>
- **Brooklyn Narcotics Anonymous Meeting Guide**
<http://bklynna.org>
- **Manhattan Narcotics Anonymous Meeting Guide**
<http://nycna.org>
- **Western Queens Narcotics Anonymous Meeting Guide**
<https://westernqueensna.org>
- **Staten Island Narcotics Anonymous Meeting Guide**
<https://na-si.org>

- **Nicotine Anonymous (NICA)**
<https://www.nymainica.org/take-action>
<https://nicotine-anonymous.org/video-conference-meetings>
- **Obsessive Compulsive Anonymous**
<https://www.obsessivecompulsiveanonymous.org>
- **Overeaters Anonymous (OA)**
<https://oanyc.org>
- **Pills Anonymous**
718-755-0903
<https://www.pillsanonymous.org/meetings/find-a-virtual-meeting/>
- **Secular Alcoholics Anonymous**
347-815-4722
info@nycsaa.org
<https://nycsaa.org>
- **Sex and Love Addicts Anonymous**
<https://www.slaany.org/meeting-list>
- **Sexual Compulsives Anonymous**
212-439-1123
<https://www.scany.org/meetings>
- **Young People in Alcoholics Anonymous**
<https://www.nycypaa.org/meetings>

Alcoholics Anonymous Additional Resources

- **Alcoholics Anonymous 1st Edition pdf.**
<https://12stepme.org/wp-content/uploads/2020/11/Big-Book-1st-edition.pdf>
- **Alcoholics Anonymous 2nd Edition pdf.**
<https://12step.org/docs/BigBook.pdf>
- **Alcoholics Anonymous Big Book 4th Edition pdf.**
https://www.aa.org/pages/en_us/alcoholics-anonymous
- **Daily Reflections pdf.**
https://www.aa.org/pages/en_US/daily-reflections
- **Twelve Steps and Twelve Traditions pdf.**
https://www.aaa.org/pages/en_US/twelve-steps-and-twelve-traditions

Narcotics Anonymous Additional Resources

- **Just for Today pdf.**
<https://www.jftna.org/jft/>
- **Narcotics Anonymous Basic Text pdf.**
<http://www.recoverydaily.com/basic.htm>
- **Narcotics Anonymous Step Working Guide**
<https://gssana.org>

Faith-Based Meeting Guide

- **Celebrate Recovery**
Christ-centered 12-step recovery program.
<https://www.celebraterecovery.com>
- **Our Jewish Recovery**
<https://www.ourjewishrecovery.com>
- **Recovery Dharma NYC**
Buddhist practices and principles to help in recovery.
<https://recoverydharmanyc.org>
- **T'Shuvah Center**
<https://tshuvahcenter.org>

Secular Meeting & Resource Guide

- **Faces & Voices of Recovery**
<https://facesandvoicesofrecovery.org>
- **Fountain House**
NYC Peer Organization virtual clubhouse with links to virtual *living rooms* and community-focused virtual arenas.
<https://virtual.fountainhouse.org>
- **Life Ring Secular Recovery**
<https://www.liferingny.org>
- **Moderation Management (MM)**
www.moderation.org/mederate-drinking-support-overview/support-meetings/
- **Secular Organization for Society (SOS)**
www.sos-nyc.org
- **SMART Recovery** (Self-Management & Recovery Training)
212-631-1198
<http://smartrecoverynyc.org>
<https://smartrecovery.org/community/calendar.php>
- **Women for Sobriety (WFS)**
<https://womenforsobriety.org>

Family Meeting Guide After Substance Use Passing

- **GRASP** (Grief Recovery After Substance Passing)
 - **New York City GRASP Chapter**
<http://grasphelp.org/new-york-city/chapter/>
 - **North Brooklyn GRASP Chapter**
<http://grasphelp.org/north-brooklyn-chapter/>
 - **Staten Island GRASP Chapter**
<http://grasphelp.org/staten-island-chapter/>

Support Group for Parents who have lost children to the disease of addiction:

- **The G.R.O.W.T.H. Group**
(Grieve **R**edefine **O**ur lives for **W**ellness & **T**ogether we **H**onor our children)
BIGVISIONCOMMUNITY.COM
309 East 49th Street
NY, NY 10017
eve@bigvisionnyc.com

LGBTQ Meeting Guide

- **Big Apple Roundup**
LGBT Alcoholics Anonymous Meetings in NYC
<http://www.bigappleroundup.org/welcome/aa-meetings/>
- **Crystal Meth Anonymous**
212-642-5029
<https://www.nycma.org/>
- **Gay & Sober Meeting Finder**
Alcoholics Anonymous, Al-Anon, Cocaine Anonymous, Crystal Meth Anonymous & Narcotics Anonymous meetings in New York City
<https://www.gayandsober.org/>
- **East Village Group**
An Alcoholics Anonymous special group for the LGBTQ community in New York City. Zoom meetings; for password request email eastvillagegroup@gmail.com
<https://eastvillagegroup.com/meetings-1>
- **NYC LGBT Alcoholics Anonymous Meetings**
<https://www.royy.com>
- **NYC Queer & Sober**
<https://nycqueerandsobers.org>
- **NYC Young People in AA**
<http://www.nycypaa.org/>
- **The Gay, Lesbian, Bisexual and Transgender Community Center**
www.gaycenter.org/groups/12Step

LGBTQ Recovery Resources

- **Boom! Health**
226 East 144th Street. Bronx, NY. 10451
718-295-5605
<https://www.boomhealth.org>
- **Brooklyn Community Pride Center**
1360 Fulton Street (enter New York Avenue, Herkimer St.) Brooklyn, NY 11216
347-889-7719
<https://lgbtbrooklyn.org>
- **Harlem Pride**
42 Macombs Place. New York, NY. 10039.
347-846-0362
<https://harlempride.org>

- **Identity House**
212-243-8181
<http://identifyhouse.org>
- **Lesbian, Gay, Bisexual & Transgender Center**
208 West 13th Street. NY, NY. 10011
212-620-7310
<https://gaycenter.org>
- **Pride Center of Staten Island**
25 Victory Boulevard, 3rd Floor. Staten Island, NY. 10301
718-808-1360
<http://www.pridecentersi.org>
- **Queens Pride House**
76-11 37th Avenue, Suite 206. Jackson Heights, NY. 11372
718-429-5309
<http://www.queenspridehouse.org/wordpress/>
- **Trans Lifeline**
<https://translifeline.org>
- **T'Shuvah Center**
<https://tshuvahcenter.org/contact>

Recovery Support Networks

- **Association of Recovery in Higher Education**
Collegiate recovery programs and communities
<https://collegiaterecovery.org>
- **BIGVISION COMMUNITY**
309 East 49th Street. Ground Floor
New York, NY 10017
646-885-6720
<https://www.bigvision.nyc/>
- **Children's Aid Society**
<https://www.childrensaidnyc.org/programs>
- **Christopher's Reason**
24/7 Open Access Center
Recovery Community Center
4521 Arthur Kill Road. Staten Island, NY. 10309.
718-605-1989
<http://christophersreason.org/>

- **Clean Fun Networks**
<https://cleanfunnetworks.com>
- **Community Health Action of SI Recovery Center**
26 Bay Street, Floor 3. Staten Island, NY. 10301.
718-808-1450
<https://www.chasiny.org/>
- **Judith Loeb Chiara Recovery & Wellness Center**
Exponents, Inc.
Bronx, Brooklyn & New York
Office: 212-222-3470
- **Mosholu Montefiore Community Center**
3450 Dekalb Avenue. Bronx, NY. 10467.
718-882-4000 x350
<https://www.mmcc.org>
- **New York Therapeutic Communities, Inc.**
Centers of Treatment Innovation (COTI's)
718-764-7689
<https://www.staynout.org>
- **Odyssey House Recovery Center & PARC**
'OH ROCS'
2038 Davidson Avenue. Bronx, NY. 19453
866-888-7880
<https://odysseyhousenyc.org/>
 - **Odyssey House Family Support Navigator**
953 Southern Blvd, Suite 301. Bronx, NY. 10459
718-860-2994
<https://odysseyhousenyc.org/recovery-program-services/family-support-navigator/FamilySupportServices@odysseyhousenyc.org>
- **Phoenix House 'Brooklyn Community Recovery Center'**
20 New York Avenue, Floor 3. Brooklyn, NY. 11216.
<https://www.phoenixhouseny.org>
- **Pillars NYC Wellness Center**
289 St. Nicholas Avenue. New York, NY. 10027.
212-222-3470
<https://www.pillarsnyc.org>
- **Samaritan Daytop – 'Peer Alliance Recovery Center' (PARC)**
147-32 Jamaica Avenue. Jamaica, NY. 11435
718-206-1990
<https://samaritanvillage.org/>

- **The LBGT Center Youth Clubhouse**
<https://gaycenter.org>
- **The Nest – The Fortune Society**
29-76 Northern Blvd. Long Island City, NY. 11101
212-691-7554.
<https://fortunesociety.org>
- **The Phoenix NYC**
A supportive, sober active community
<https://thephoenix.org>
- **VetChange**
Confidential free online support to assist veterans cut-down or stop drinking alcohol and manage post-traumatic-stress-disorder.
<https://vetchange.org/home/index2>
- **VIP Community Services**
24/7 - 365 days a year in 2 locations
 - **24/7 Open Access Centers**
770 East 176th Street. Bronx, NY 10410.
Office: 718-583-5150
<https://www.vipservices.org>
365 days a year; 8:00am-5:00pm
 - **24/7 Open Access Center**
716 Fairmont Place. Bronx, NY 10457
Office: 718-731-3500
<https://vipservices.org>

Free Recovery Apps

- AA Big Book (Unofficial)
- Al-Anon Speaker Tapes
- Being Mindful App
- In the Rooms
- Joe & Charlie
- Mindful Breath Calm Breathing
- NA Speakers Tapes & Addiction Recovery Audio
- #Mindful Daily Mindfulness Meditation
- Pink Cloud: AA Meeting Finder
- Sober Grid
- Sober Tool
- Twenty-Four Hours